

## **Virtual Eucharistic Adoration**

*Create a prayerful setting for this special time with the Lord and access an on-line chapel.*

*May this time of prayer and adoration before the Blessed Sacrament be an opportunity to grow in awareness of the incomparable treasure which Christ entrusted to his Church.*

*“Remember that we have been sold for the divine glory, let us serve God with pure spirit; let us give thanks to Him as he uses our misery, and try to correspond with fidelity. Pray.”*  
(Bl. John Merlini, *Letter 17*)

## **FEBRUARY CONTEMPLATION**

All praise to God, the Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly realms because we are united with Christ. Even before he made the world, God loved us and chose us in Christ to be holy and without fault in his eyes. God decided in advance to adopt us into his own family by bringing us to himself through Jesus Christ. This is what he wanted to do, and it gave him great pleasure.” – *Ephesians 1:3-5*

### **Opening Prayer**

Lord Jesus, in the Eucharist You make your dwelling among us and become our traveling companion; sustain our Christian communities so that they may be ever more open to listening and accepting your Word. May they draw from the Eucharist a renewed commitment to spreading in society, by the proclamation of your Gospel, the signs and deeds of an attentive and active charity. We ask this in Jesus’ name. Amen.

### ***Silent Reflection***

*Let us keep silence before God – silent within ourselves – that our hearts and ears may be open.*

### **Prayer Before Reading Scripture**

Jesus Christ, our Master, You are the Way and the Truth and the Life. Grant that we may learn the sublime knowledge of Your charity in the Spirit of St. Paul the Apostle and of the Catholic Church. Send Your Holy Spirit to teach us and remind us of what You have preached. We pray in Jesus’ name. Amen.

### **Scripture Reading (*Heb. 1:1-5a,8*)**

*A reading from the letter to the Hebrews*

In the past God spoke to our forefathers through the prophets at many times and in various ways, but in these last days he has spoken to us by his Son, whom he appointed heir of all things, and through whom he made the universe. The Son is the radiance of God's glory and the exact representation of his being, sustaining all things by his powerful word. After he had provided purification for sins, he sat down at the right hand of the Majesty in heaven. So he became as much superior to the angels as the name he has inherited is superior to theirs. For to which of the angels did God ever say, "You are my Son; today I have become your Father"? But about the Son he says, "Your throne, O God, will last for ever and ever, and righteousness will be the scepter of your kingdom."

The Word of the Lord.

**All: Thanks be to God.**

## **Responsorial Psalm: (Psalm 37: 3-6)**

***Response: Trust in the LORD and do good.***

Trust in the Lord and do good; dwell in the land and enjoy safe pasture.

Take delight in the Lord,

and he will give you the desires of your heart. **R/**

Commit your way to the Lord; trust in him and he will do this:

He will make your righteous reward shine like the dawn,

your vindication like the noonday sun. **R/**

**Glory Be...**

## **Reflection from the Catechism: The Necessity of Faith**

Believing in Jesus Christ and in the One who sent him for our salvation is necessary for obtaining that salvation.<sup>42</sup> "Since "without faith it is impossible to please (God) " and to attain to the fellowship of his sons, therefore without faith no one has ever attained justification, nor will anyone obtain eternal life 'But he who endures to the end.'" <sup>43</sup> (CCC, 161) <sup>42</sup> Mk 16:16    43 *Dei Filius* 3:DS 3012.

## **Seasonal Prayer**

God our Father, you will all people to be saved and come to the knowledge of your truth. Send workers into your great harvest that the gospel may be preached to every creature and your people, gathered together by the word of life and strengthened by the power of the sacraments, may advance in the way of salvation and love. We ask this through Christ our Lord. Amen.

### ***Silent Reflection***

## **Meditation from the Nicene Creed**

*"I believe in one Lord Jesus Christ..."*

We profess our belief in Jesus Christ. The name Jesus means "God saves" and Christ is Greek for the Hebrew word Messiah, which means "anointed one." In ancient Israel, kings and priest were anointed with oil to signify that they were chosen by God. The prophets foretold of a future king, "the messiah" who would ascend to the thrown of David and rule as Lord of all the nations. We profess that Jesus is the long-awaited Messiah and therefore the one Lord of all.

*... the Only Begotten Son of God, born of the Father before all ages. "*

When we profess the Lordship of Jesus, we proclaim him as the Messiah the Son of David, but we also proclaim his divinity as the Son of God. The Jewish people considered the name of God too holy to be spoken aloud so they referred to God as "Lord." When we say Jesus is Lord, we say Jesus is God. He is the only begotten Son, he is not a creation of the Father, not a son by adoption, but a true and only Son. He is "born of the Father before all ages," Jesus sonship is eternal. There never was a time when the Father and Son did not exist together.

\* The Meditations this year will focus on the **Nicene Creed**. Pope Leo XIV visited Turkey in observance of the 1700<sup>th</sup> anniversary of the Ecumenical Council of Nicaea which drafted the first Nicene Creed in 325. Today nearly all Christian denominations regard the Nicene Creed as a foundational and authoritative statement of faith. Thus approximately 98.5% of the world's Christians adhere to the Nicene Creed's Trinitarian and Christological doctrines.

## Intentions

Let us pray together the Daily Offering with the intentions of the Holy Father and our personal intentions:

*R/. Lord, hear our prayer.*

**All:** Eternal Father, we offer you in union with Mary, Mother of the Redeemer of humankind, the Blood Jesus shed with love in his passion and every day is offered on the altar. In union with the Victim offered for the salvation of the world, we offer today's actions in expiation for our sins, for the conversion of sinners, for the souls in purgatory, for the needs of the holy Church, and especially:

For the Holy Father's Intention for Children with Incurable Diseases

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope, we pray to the Lord. **R/**

God of compassion, look with favor upon all who work and pray for the unity of divided Christian communities, we pray to the Lord. **R/**

Lord, You have promised to be with your Church always, may the Holy Spirit inspire many more vocations to the priesthood and religious life, we pray to the Lord. **R/**

For those who've asked the help of our prayers, for those who have no one to pray for them, and for the intentions we hold in the silence of our hearts, we pray to the Lord. **R/**

### The Blood of Christ is Life for all Our Needs

Eternal Father, we offer you the Precious Blood of Jesus Christ, poured out on the cross and offered daily on the altar:

- ⊕ For the glory of your name, for the coming of your kingdom and for the salvation of all.
- ⊕ For the propagation of faith, for Pope Francis, for bishops, priests, and religious and for the sanctification of all the people of God.
- ⊕ For the conversion of sinners, for the loving acceptance of your Word, and for the union of all Christians.
- ⊕ For civil authorities, for the strengthening of public morals, and for peace and justice among all nations.
- ⊕ For the sanctification of our work and suffering, for the poor, sick and afflicted, and for all who rely on our prayers.
- ⊕ For our own spiritual and temporal needs, for those of our relatives, benefactors, and also for those of our enemies.
- ⊕ For those who are to die this day, for the souls in purgatory, and for our final union with Christ in Glory.

## Our Father...

*Silent Reflection*

## Closing Prayer: Precious Blood Prayer

**All:** Almighty and Eternal God, you have appointed your only-begotten Son the Redeemer of the world and willed to be appeased by his Blood. Grant we beg of you, that we may worthily adore this price of our salvation, and through its power be safeguarded from the evils of this present life, so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord. Amen

Our Lady of the Most Precious Blood, pray for us.

St. Gaspar, pray for us, St. Maria De Mattias, pray for us,

St. Francis Xavier, pray for us.