

## Virtual Eucharistic Adoration

*Create a prayerful setting for this special time with the Lord and access an on-line chapel.  
May this time of prayer and adoration before the Blessed Sacrament be an opportunity  
to grow in awareness of the incomparable treasure which Christ entrusted to his Church.*

## MAY CONTEMPLATION

*The most holy Virgin is the aqueduct of divine mercy,  
our advocate and, after Jesus, our hope and our protection.  
– St. Gaspar #65*

### Opening Prayer

Lord Jesus, in the Eucharist You make your dwelling among us and become our traveling companion; sustain our Christian communities so that they may be ever more open to listening and accepting your Word. May they draw from the Eucharist a renewed commitment to spreading in society, by the proclamation of your Gospel, the signs and deeds of an attentive and active charity. We ask this in Jesus' name. Amen.

### Silent Reflection

*Let us keep silence before God – silent within ourselves – that our hearts and ears may be open.*

### Prayer Before Reading Scripture

Jesus Christ, our Master, You are the Way and the Truth and the Life. Grant that we may learn the sublime knowledge of Your charity in the Spirit of St. Paul the Apostle and of the Catholic Church. Send Your Holy Spirit to teach us and remind us of what You have preached. We pray in Jesus' name. Amen.

### Scripture Reading: (Romans 1:11-17)

*A reading from the letter of Paul to the Romans*

I long to see you so that I may impart to you some spiritual gift to make you strong—that is, that you and I may be mutually encouraged by each other's faith. I do not want you to be unaware, brothers, that I planned many times to come to you (but have been prevented from doing so until now) in order that I might have a harvest among you, just as I have had among the other Gentiles. I am obligated both to Greeks and non-Greeks, both to the wise and the foolish. That is why I am so eager to preach the gospel also to you who are at Rome. I am not ashamed of the gospel, because it is the power of God for the salvation of everyone who believes: first for the Jew, then for the Gentile. For in the gospel a righteousness from God is revealed, a righteousness that is by faith from first to last, just as it is written: "The righteous will live by faith."

The Word of the Lord.

**All: Thanks be to God.**

### Responsorial Psalm: (Psalm 105:2-3, 4-5, 6-7)

***R/. Let hearts rejoice who search for the Lord.***

Sing to him, sing his praise, proclaim all his wondrous deeds.

Glory in his holy name; rejoice, O hearts that seek the LORD! ***R/.***

Look to the LORD in his strength; seek to serve him constantly.

Recall the wondrous deeds that he has wrought, his portents, and the judgments he has uttered. ***R/.***

May 2022

You descendants of Abraham, his servants, sons of Jacob, his chosen ones!  
He, the LORD, is our God; throughout the earth his judgments prevail. *R/*

**Glory Be...**

**Reflection:** (*Catechism*, 1963)

According to Christian tradition, the Law is holy, spiritual, and good, yet still imperfect. Like a tutor it shows what must be done, but does not of itself give the strength, the grace of the Spirit, to fulfill it. Because of sin, which it cannot remove, it remains a law of bondage. According to St. Paul, its special function is to denounce and disclose sin, which constitutes a "law of concupiscence" in the human heart. However, the Law remains the first stage on the way to the kingdom. It prepares and disposes the chosen people and each Christian for conversion and faith in the Savior God. It provides a teaching which endures for ever, like the Word of God.

(Catechism of the Catholic Church, 2<sup>nd</sup> Edition, PART THREE - LIFE IN CHRIST, SECTION ONE: MAN'S VOCATION: LIFE IN THE SPIRIT, CHAPTER THREE: GOD'S SALVATION: LAW AND GRACE, ARTICLE 1: THE MORAL LAW, II. THE OLD LAW.)

**Seasonal Prayer: Prayer for Mothers**

Most Gracious Heavenly Father, we thank You for our mothers to whom You have entrusted the care of every precious human life from its very beginning in the womb.

You have given to woman the capacity of participating with You in the creation of new life. Grant that every woman may come to understand the full meaning of that blessing, which gives her an unlimited capacity for selfless love for every child she may be privileged to bear, and for all Your children.

To mothers You have given the great privilege and responsibility of being a child's first teacher and spiritual guide. Grant that all mothers may worthily foster the faith of their children, following the example of Mary, Elizabeth, and other holy women who follow Christ. Help mothers to grow daily in knowledge and understanding of Your Son, Our Lord Jesus Christ, and grant them the wisdom to impart this knowledge faithfully to their children and to all who depend upon them.

We ask your blessing on all those to whom You have entrusted motherhood. May Your Holy Spirit constantly inspire and strengthen them. May they ever follow the example of Mary, mother of Our Lord, and imitate her fidelity, her humility, and her self-giving love. Amen. (from [www.wf-f.org](http://www.wf-f.org).)

### ***Silent Reflection***

This year the **Meditations** will be taken from *Gaudete et Exsultate*, the Apostolic Exhortation by Pope Francis that presents a spirituality of holiness in everyday life clearly based on Catholic Tradition.

**Meditation:** (*Gaudete et Exsultate*, 23,24)

This is a powerful summons to all of us. You too need to see the entirety of your life as a mission. Try to do so by listening to God in prayer and recognizing the signs that he gives you. Always ask the Spirit what Jesus expects from you at every moment of your life and in every decision you must make, so as to discern its place in the mission you have received. Allow the Spirit to forge in you the personal mystery that can reflect Jesus Christ in today's world.<sup>23</sup>

May you come to realize what that word is, the message of Jesus that God wants to speak to the world by your life. Let yourself be transformed. Let yourself be renewed by the Spirit, so that this can happen...<sup>24</sup>

## **Intentions**

Let us pray together the Daily Offering with the intentions of the Holy Father and our personal intentions:

*R/. Lord, hear our prayer.*

**All:** Eternal Father, we offer you in union with Mary, Mother of the Redeemer of humankind, the Blood Jesus shed with love in his passion and every day is offered on the altar. In union with the Victim offered for the salvation of the world, we offer today's actions in expiation for our sins, for the conversion of sinners, for the souls in purgatory, for the needs of the holy Church, and especially:

For the Holy Father's Intention for faith-filled young people: We pray for all young people, called to live life to the fullest; may they see in Mary's life the way to listen, the depth of discernment, the courage that faith generates, and the dedication to service, we pray to the Lord. *R/.*

That all mothers may find in Mary the example and strength to carry out their vocation, we pray to the Lord. *R/.*

That the Church, like the Virgin Mary, may bring Christ into the world with joy, and be joined with him in endless life, we pray to the Lord. *R/.*

Lord, You have promised to be with your Church always, may the Holy Spirit inspire many more vocations to the priesthood and religious life, we pray to the Lord. *R/.*

For those who've asked the help of our prayers, for those who have no one to pray for them, and for the intentions we hold in the silence of our hearts, we pray to the Lord. *R/.*

### **The Blood of Christ is Life for all Our Needs**

Eternal Father, we offer you the Precious Blood of Jesus Christ, poured out on the cross and offered daily on the altar:

- ✦ For the glory of your name, for the coming of your kingdom and for the salvation of all.
- ✦ For the propagation of faith, for Pope Francis, for bishops, priests, and religious and for the sanctification of all the people of God.
- ✦ For the conversion of sinners, for the loving acceptance of your Word, and for the union of all Christians.
- ✦ For civil authorities, for the strengthening of public morals, and for peace and justice among all nations.
- ✦ For the sanctification of our work and suffering, for the poor, sick and afflicted, and for all who rely on our prayers.
- ✦ For our own spiritual and temporal needs, for those of our relatives, benefactors, and also for those of our enemies.
- ✦ For those who are to die this day, for the souls in purgatory, and for our final union with Christ in Glory.

**Our Father...**

*Silent Reflection*

### **Closing Prayer: Precious Blood Prayer**

**All:** Almighty and Eternal God, you have appointed your only-begotten Son the Redeemer of the world and willed to be appeased by his Blood. Grant we beg of you, that we may worthily adore this price of our salvation, and through its power be safeguarded from the evils of this present life, so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord. Amen

Our Lady of the Most Precious Blood, pray for us.

St. Gaspar, pray for us, St. Maria De Mattias, pray for us, St. Francis Xavier, pray for us.